

DATE: 10/31/2003

| Degree: | <b>BS in Nutrition and Food Sciences 4 year plan, please see your advisor EVERY QUARTER!!!</b> |       |       |                       |       |       |                      |       |       |           |
|---------|--|-------|-------|-----------------------|-------|-------|----------------------|-------|-------|-----------|
|         | <b>FALL</b>  |       |       | <b>WINTER</b>         |       |       | <b>SPRING</b>        |       |       |           |
|         |  | Qtrs. | Units |                       | Qtrs. | Units |                      | Qtrs. | Units | Yr. Total |
| Year 1  | English 101 or equiv. A-1  | FWS   | 4     | A-4 critical thinking | FWS   | 4     | D -1 Am History      | FWS   | 4     |           |
|         | Math 110 or equivalent B-1   | FWS   | 4     | PSYC 100 (D-4)        | FWS   | 5     | BIOL 100             | FWS   | 5     |           |
|         | USTD 100 (2 units) optional  | FWS   |       | C-1 Arts              | FWS   | 4     | C-4 Philosphy        | FWS   | 4     |           |
|         | Comm 120 or equiv. A-2   | FWS   | 4     | KINE 205 E-1          | FWS   | 2     | E-3 Phys. Ed.        | FWS   | 2     |           |
|         | HSCI 120   | FWS   | 5     |                       |       |       | E-2                  | FWS   | 2     |           |
|         | Quarter Units:   |       | 17    | Quarter Units:        |       | 15    | Quarter Units:       |       | 17    | 49        |
| Year 2  | HSCI 225   | F     | 1     | CHEM 206              | W     | 5     | CHEM 207             | W     | 5     |           |
|         | Chem 205 (B-3)   | FW    | 5     | D-2 Political Science | FWS   | 4     | C-3 Foreign Language | FWS   | 4     |           |
|         | D-3 world cultures   | FWS   | 4     | BIOL 223              | W Su  | 5     | BIOL 224             | S Su  | 5     |           |
|         | C-2 Lliterature  | FWS   | 4     | CHEM 105 (B-4)        | FWS   | 2     | HSCI 273             | FWS   | 3     |           |
|         |  |       |       |                       |       |       |                      |       |       |           |
|         | Quarter Units:   |       | 14    | Quarter Units:        |       | 16    | Quarter Units:       |       | 17    | 47        |
| Year 3  | NSCI 306   | FWS   | 4     | HSCI 384              | W     | 2     | HSCI 345             | S     | 5     |           |
|         | HSCI 350   | F     | 4     | HSCI 245              | W     | 5     | HSCI 384             | S     | 3     |           |
|         | HSCI 385 elective  | F     | 4     | HSCI 315              | FWS   | 5     | HSCI 365             | S     | 4     |           |
|         | HSCI 244   | F     | 2     | MGMT 302              | FWS   | 4     | BIOL 220             | S     | 5     |           |
|         | Quarter Units:   |       | 14    | Quarter Units:        |       | 16    | Quarter Units:       |       | 17    | 47        |
| Year 4  | HSCI 446   | F     | 1     | HSCI 467              | W     | 4     | HSCI 444             | S     | 4     |           |
|         | HSCI 465   | F     | 5     | HSCI 443              | W     | 4     | HSCI 445             | S     | 4     |           |
|         | HSCI 441   | F     | 4     | NSCI capstone         | FWS   | 4     | HUM capstone         | FWS   | 4     |           |
|         | SSCI capstone  | FWS   | 4     | HSCI 442              | W     | 2     | HSCI 344 elective    | S     | 4     |           |
|         |  |       |       | HSCI 382 elective     |       |       |                      |       |       |           |
|         | Quarter Units:   |       | 14    | Quarter Units:        |       | 14    | Quarter Units:       |       | 16    | 44        |
| Total   |  |       | 59    |                       |       | 61    |                      |       | 67    | 187       |

| General Education Course                          | Course @ CSUSB   |
|---|--|
| A. Basic Skills (12 units)                        |  |
| 1. Written Communication                          | Eng 101 or HON 103   |
| 2. Oral Communication                             | Comm 120 or HON 103  |
| 3. Mathematics                                    | Math 110, 115, 120, 192, 211   |
| 4. Critical Thinking                              | Comm 180, Hon 103, Math 180, Phil 105, Psyc 105, Soc 180   |
| B. Natural Sciences (20 units)                    |  |
| 1. Math   | Math 110, 115, 120, 192, 211   |
| 2. Life Science                                   | Biol 100, 202 or Hsci 120  |
| 3. Physical Science                               | Chem 100, 205, 215; Geog 103, Geol 101, Phys 100, 103, 121, 221  |
| 4. Special Topics in Science & Technology         | Biol 216, 217, Chem 105, Csci 121, 124 Geol 210  |
| 5. Integrative Capstone                           | Nsci 300, 310, 314, 320, 325, 351, 360   |
| C. Humanities (20 units)                          |  |
| 1. Arts   | Art 200, Hum 180, Mus 180, TA 260  |
| 2. Literature                                     | Eng 110, 111, 160, 170, TA 160, 212  |
| 3. Foreign Language/Literature in Transition      | Flan 102, 150, Fren 102, 150, 200, 202, 290<br>Ger 102, 150, 212, 214, 216, 290, Japn 102, Mand 102, 150<br>Span 102, 150, 155, 212, 214, 214, 290 |
| 4. Philosophy                                     | Phil 190, 192, 193, 194  |
| 5. Integrative Capstone                           | Hum 319, 325, 330, 335, 340, 344, 350, 370, 380, 385   |
| D. Social and Behavioral Sciences (20 units)      |  |
| 1. American History & Civilization                | Hist 146, 200, 201   |
| 2. American Institutions                          | Psci 203 (if taken elsewhere, Cal hist will still need to be met)  |
| 3. World Cultures                                 | Anth 140, Hist 140, 142, 144; Ssci 165   |
| 4. Discipline Perspectives                        | Anth 100, 102 ;Econ 104; Es 100; Geog 100, Psci 100<br>Psci 100, Soc 100, WSTD 100   |
| 5. Integrative Capstone                           | Ssci 300, 304, 315, 316, 320, 321, 325, 343, 345, 350  |
| E. Lifelong Understanding (6 units)               |  |
| 1. The Whole Person (Physical & Psych)            | Nsci 110; Kine 205   |
| 2. The Whole Person (Social & Psych)              | Phil 101; Psyc 115; Sco 110  |
| 3. Physical Education                             | Kine 101, 114, 120, 121, 137, 147, 149, 150  |
| F. Upper-Division Writing Requirement (0-4 units) |  |
| 1. Upper division Writing course                  | Educ, Eng, Hum, Mgmt, Nsci or Ssci 306   |
| 2. Proficiency exam                               | No units associated with this exam   |
| G. Multicultural/Gender Requirement (0-4 units)   |  |
| 1. Integrative Capstone                           | Hum 325, 335, 350, 370, 380; Nsci 325, Ssci 316, 325, 350  |

2. Upper-division course

Anth 325, 333; Comm 304, 401; Cjus 451; Econ 352;  
Eng 314; Hum 460; Mus 308, 350, Pa 305; Phil 364, 367; Ta 462