

Student \_\_\_\_\_

Phone No. \_\_\_\_\_

Address: \_\_\_\_\_

SID No. \_\_\_\_\_

Email: \_\_\_\_\_

GE catalog YR \_\_\_\_\_ Major catalog YR \_\_\_\_\_

Select one of each category for the total number of units shown. *recommended course				Eval. of Transfer Credits	
		U.	Grade	Qtr taken	Start Date:
					Previous School(s):
					Course Title
					unit
<b>Gen Ed. Core Requirements: (78-82 units)</b>					
Written	ENG 101* or HON 103	4			
Oral	COMM 120* or HON 103	4			
Math	110* 115 120 192 211	4			
Critical Thinking	COMM 180 HON 103 MATH 180 PHIL 105 PHIL 200 PSYC 105 SOC 180	4			
Life Sci	BIO 100 BIO 202 HSCI 120* GEOG 103	5			
Phys Sci	CHEM 100 CHEM 205* CHEM 215 GEO 101 PHYS 100 PHYS 121 PHYS 221	5			
Spec Top	BIO 216 BIOL 217 CHEM 105 CSCI 121 CSCI 124 GEOL 205 GEOL 210	2			
Capstone	NSCI 300 NSCI 310 NSCI 314 NSCI 315 NSCI 320 NSCI 325 NSCI 351 NSCI 360 (may only take one of HUM 325 NSCI 325 SSCI 325)	4			
Arts	ART 200 HUM 180 MUS 180 TA 260	4			
Literature	ENG 110, 111, 160, 170, TA 160, 212	4			
For Lang	ARAB 102 150 214 290, ASL 102 150 FLAN 120 FLAN 150 FREN 102 150 200 201 202 290 GER 102 150 212 214 216 290 JAPN 102 150 290 MAND 102 150 290 SPAN 102 150 155 212 213 214 290	4			
Phil	PHIL 190 191 192 193 194	4			
Hum CAP	HUM 319 325 330 335 340 344 HUM 350 370 375 380 385	4			
History	HIST 146 200 201	4			
Am Instit.	PSCI 203 + HIST 146, 200, or 201	4			
Wrld Cult	ANTH 140 HIST 140 HIST 144 SSCI 165	4			
Discipline Perspectives	ANTH 100 102 ECON 104 ES 100 GEOG 100 PSYC 100* or SOC 100* WSTD 100	4			
Capstone	SSCI 300 304 315 316 320 321 325 345 350	4			
Lifelong	KINE 205 NSCI 110	2			
(1 of each category)	PHIL 101 PSYC 115 SOC 110 FIN 101 KINE 101 114 120 121 137 147 149 150	2			
Writing	NSCI 306* EDUC ENG HUM MGMT SSCI	4			
MultiCultural/Gender Req.	HUM 325 335 350 370 375 380 NSCI 325 SSCI 316 SSCI 325 SSCI 350 ANTH 325 333 COMM 304 401 CJUS 451 ECON 352 ENG 314 HUM 460 MUS 308 350 PA 305 PHIL 364 367 TA 462 463	4			
Constitut	HIST 146 200 201 540** PSCI 203 410 411	✓			(These may appear above)
US Hist	HIST 146 200 201 540** PSCI 314**	✓			
Govt	HIST 370 PSCI 203 330 332	✓			

\* Recommended for NFS majors, \*\* Cannot be used as Gen Ed

**STUDENT**

SEE YOUR ADVISOR QUARTERLY

<b>Required Courses for Nutrition and Food Sciences Major</b> For Verification Statement for DPD you need to have B- or better in these courses with an overall GPA >2.8			Unit	Grade	Qtr taken	Evaluation of Transfer Credit Entering Date: Previous School(s):
<b>Required Lower Division courses (qtr offered) (50 units)</b>						
HSCI 120	Health & Society: An Ecological Approach (F W Sp) +	5				
HSCI 225	The Dietetic Profession (F)	1				
HSCI 244	Introduction to Culinary Arts/Skills (F)	2				
HSCI 245	Introduction to Food Science (W)	5				
HSCI 273	Software Applications in the HSCI (F W Sp)	3				
CHEM205	Fund. of Chem. I: General Chemistry (F W Sp) +	5				
CHEM206	Fund. of Chem. II: Organic Chemistry (W)	5				
CHEM207	Fund. of Chem. III: Biochemistry (Sp)	5				
BIOL 100	Topics in Biology: not required, may be a prerequisite	5				
BIOL220	Principles of Microbiology (F W Sp Su)	5				
BIOL 223	Human Physiology and Anatomy I (W, Su)	5				
BIOL 224	Human Physiology and Anatomy II (Sp, Su)	5				
PSYC100	Introduction to Psychology + (F W Sp Su) <b>OR</b>	4				
SOC 100	The Study of Society + (F W Sp Su)	4				

<b>Required Upper Division Courses (62 units)</b>						
HSCI 315	Statistics for Health Sciences (F W S)	4				
HSCI 345	Advanced Food Science (Sp)	5				
HSCI 350	Principles of Nutrition (F)	4				
HSCI 365	Nutrition Throughout the Life Cycle (Sp)	4				
HSCI 384	Nutrition Assessment and Research Methodology (W)	2				
HSCI 441	Nutritional Biochemistry and Metabolism (W)	4				
HSCI 442	Advanced Nutrition (Sp)	2				
HSCI 443	Medical Nutrition Therapy 1(W)	4				
HSCI 444	Medical Nutrition Therapy 2 (Sp)	4				
HSCI 445	Community Nutrition (Sp)	4				
HSCI 446	Senior Seminar (F)	1				
HSCI 465	Foodservice Production and Procurement (F)	5				
HSCI 467	Foodservice Systems Management (W)	5				
MGMT302	Management and Organizational Behavior (FWSpSu)	4				
NSCI 306	Expository Writing for the NSCI + (FWSpSu)	4				
HSCI 399	Community Service Projects, max 6 units for credit (may not be used for upper division HSCI elective)					Portfolio Status: personal statement <input type="checkbox"/> PowerPoint Presentation <input type="checkbox"/> abstract <input type="checkbox"/> research paper <input type="checkbox"/> Lay article <input type="checkbox"/> Resume <input type="checkbox"/> flier <input type="checkbox"/> Brochure <input type="checkbox"/> lay presentation <input type="checkbox"/> Web Page <input type="checkbox"/> diet analysis (manual) <input type="checkbox"/> diet analysis (data base/program) <input type="checkbox"/> organization chart <input type="checkbox"/> cycle menu <input type="checkbox"/> job description <input type="checkbox"/> RD practice exam <input type="checkbox"/>

<b>8 Units of Electives</b>						
HSCI 344	International Nutrition (Sp)	4				Other as appropriate:
HSCI 382	Nutrition for Health, Fitness, and Sports (W)	4				
HSCI 385	Cultural Foods (F)	4				
HSCI 595	Independent Study					

HONORS Yes \_\_\_ No \_\_\_ HSCI 595 with A grade participation in Nutrition Bowl \_\_\_

**Calculate GPA:** multiply course units by grade point multiplier for each course, add the points for all courses and divide the total by the number of units completed  
**Example:** B in a 4 unit course: 4 X 3.0 = 12  
 C+ in a 5 unit course 5 X 2.3 = 11.5 12 + 11.5 = 23.5  
 23.5 / 9 units = 2.61 = GPA

**Grade Point Multiplier:** A = 4.0 A- = 3.7 B+ = 3.3 B = 3.0 B- = 2.7 C+ = 2.3 C- = 1.7 D+ = 1.3 D = 1.0 D- = 0.7 F = 0.0

<b>SUGGESTED COURSE SEQUENCE for 2 years with completed CHEM and BIOL requirements</b>		
<b>FALL YEAR ONE</b>	<b>WINTER YEAR ONE</b>	<b>SPRING YEAR ONE</b>
HSCI 225, 244, 350, 315 or NSCI 306	HSCI 245, 384, 273, 315 or NSCI 306, HSCI 120	HSCI 345, 365, or MGMT302, capstone
<b>FALL YEAR TWO</b>	<b>WINTER YEAR TWO</b>	<b>SPRING YEAR TWO</b>
HSCI 441, 446, 465, 385, capstone	HSCI 442, 443, 467, 382	HSCI 444, 445, 344 capstone,